



CATERING AT CEDARS

At Cedars we pride ourselves with healthy food and choices for the children.



Morning Snack

During break time children are offered fruit/vegetables and a glass of water or milk.



Lunch

Children are provided with a choice of sandwich, wrap or bagel.

Other snacks offered include fruits, vegetables, yoghurt and a glass of milk or water.

Each Friday children are provided bacon/sausage rolls.

PACKED LUNCH

If a student wishes to bring in a packed lunch we would prefer that no sweets, chocolates and/or fizzy drinks are brought onto the school premises, as we actively encourage healthy eating in the school.







